

MLB

When you think of Alex Rodriguez, you think of power. The Yankees star also has been a consistent run scorer over his career. He recorded 100 or more runs for a 13th straight season in 2008, and has averaged 122 runs a year in this span. Rodriguez, who first scored 100+ runs in 1996, tied Hall of Famers Lou Gehrig and Hank Aaron for the most consecutive years of 100+ runs in major league history. During his 13-year stretch, from 1926 through 1938, Gehrig twice scored more than 160 runs in a season. Since the modern era began in 1901, only Gehrig and Babe Ruth have scored as many as 160 runs in a single year -- and both have done it twice. Gehrig tallied nearly 139 runs a season in his 13 straight years of 100+ runs. Aaron, who averaged 112 runs a year between 1955 and 1967, also broke the century mark in both 1969 and 1970.

Most Consecutive Seasons with 100+ Runs Scored, All-Time

Player	Yrs	Span	R/Yr
Lou Gehrig	13	1926-1938	138.8
Alex Rodriguez	13	1996-2008	122.0
Hank Aaron	13	1955-1967	112.4
Willie Mays	12	1954-1965	118.4
Stan Musial	11	1943-1954	118.3

NBA

When Michael Jordan returned to the Chicago Bulls for the 1995-96 season, the franchise went on to win three consecutive NBA titles, giving it six crowns in eight years. The stars were Jordan and Scottie Pippen, but Steve Kerr was every bit of a sure thing from the floor. Among the seven Bulls who made at least 400 field goals in the final three years of the Bulls' dynasty, Kerr led the team with a .504 shooting percentage over three championship seasons. The 6-foot-3 point guard also led the club in success from three-point range with a .487 mark. In 1994-95, the year before Jordan returned, Kerr set the NBA's still-standing single-season record for three-point shooting percentage. He was .524 from three-point range that season, and in MJ's first year back, Kerr recorded the league's third-highest single-season mark (.515) since the origin of the three-point shot in 1979-80. Among all NBA players who have played at least 500 career games and made 250 or more three-pointers, Kerr is the NBA's all-time leader at .454.

Highest Three-Point Field-Goal Percentage, All-Time

(minimum 500 career games & 250 three-pointers made)

Player	G	3PM	3P%
Steve Kerr	910	726	.454
Hubert Davis	685	728	.441
Steve Nash	860	1252	.431
B.J. Armstrong	747	436	.425
Wesley Person	733	1150	.418

NFL

Five running backs have surpassed 2,000 rushing yards in a single NFL season. Topping the list is Eric Dickerson, who rushed for 2,105 yards in 1984. Jamal Lewis, Barry Sanders, Terrell Davis and O.J. Simpson join Dickerson in the 2,000-yard club.

2,000 or More Rushing Yards in a Season, All-Time

Player	Team	Yds
Eric Dickerson	1984 Rams	2,105
Jamal Lewis	2003 Ravens	2,066
Barry Sanders	1997 Lions	2,053
Terrell Davis	1998 Broncos	2,008
O.J. Simpson	1973 Bills	2,003

Those were impressive seasons, with Terrell Davis a key weapon for the Super Bowl champion Broncos in 1998. Looking at the best in rushing average is another measure of a great season. After all, more yards per play mean more first downs and scoring opportunities. This statistic gives us another season to rank with the best of all time. Playing a 14-game schedule in 1963, Jim Brown rushed for 1,863 yards and averaged 133.1 yards per game. Twice he ran for more than 200 yards in a game, and six times he surpassed 150 yards. No running back in NFL history, among those with 1,700 rushing yards in a season, can top Brown's 6.4 yards per rush in 1963. O.J. Simpson also was limited by a 14-game schedule in 1973.

All-Time Leaders in Rushing Average, Single Season

(minimum 1,700 rushing yards)

Player,	Team	Yards	Yds/G	RA
Jim Brown	1963 Browns	1,863	133.1	6.4
Barry Sanders	1997 Lions	2,053	128.3	6.1
O.J. Simpson	1973 Bills	2,003	143.1	6.0
Barry Sanders	1994 Lions	1,883	117.7	5.7
Eric Dickerson	1984 Rams	2,105	131.6	5.6

NHL

The NHL record for shutouts in a season is 22, by George Hainsworth for the 1928-29 Montreal Canadiens. In claiming his third consecutive Vezina Trophy that season -- the first three presented by the league -- Hainsworth recorded 22 shutouts while playing all 44 games on the Canadiens' schedule. No other goalie in NHL history has posted more than 15 shutouts in a season, though there have been 13 times a goaltender has picked up 13 or more. Hainsworth has three of those seasons, and another seven are claimed by his peers in the 1920s. That leaves three seasons of 13 or more shutouts. One is 1953-54, when Detroit's Harry Lumley blanked opponents 13 times in an era that featured among the lowest goals-per-game averages. The other two seasons stand out as the only two in the last 50 years.

In 1969-70, Chicago's Tony Esposito recorded 15 shutouts, the most since Hainsworth set the bar at 22 in 1928-29. Second in shutouts in 1969-70 was Rangers great Ed Giacomin, with only six. Esposito led the league in wins (38) and ranked second with a 2.17 goals-against average, though he played more than twice as many minutes as the league leader, Ernie Wakely.

In 1997-98, Buffalo's Dominik Hasek held opponents scoreless 13 times. That led the league, as did his .932 save percentage while facing 2,002 shots, nearly 300 more than any of his peers in 1997-98. His 2.09 GAA ranked fourth in the league. The next season, Hasek posted a .937 save percentage, the highest single-season mark since the league started counting shots on goal in 1982-83.

Goalies with 12 or More Shutouts in a Season in the Last 50 Years

Goalie	Team	SO
Tony Esposito	1969-70 Chi	15
Dominik Hasek	1997-98 Buf	13
Martin Brodeur	2006-07 NJ	12
Bernie Parent	1973-74 Phi	12
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Highest Save Percentage in a Season by a Goaltender, since 1982-83

Goalie	Team	SvPct
Dominik Hasek	1998-99 Buf	.937
Dwayne Roloson	2003-04 Min	.933
Miikka Kiprusoff	2003-04 Cgy	.933
Marty Turco	2002-03 Dal	.932
Dominik Hasek	1997-98 Buf	.932